

The *Aware in Care* kit can be requested at www.awareincare.org or by calling 1-800-4PD-INFO (473-4636).

Did you know that three out of four people with Parkinson's disease do not receive their medications on time when staying in the hospital? People with Parkinson's visit hospitals more often, and, combined with the great importance of the timing and dosing of Parkinson's medications, face greater risks in the hospital.

This is why the National Parkinson Foundation (NPF) has launched the *Aware in Care* program, which aims to help people with Parkinson's disease get the best care possible during a hospital stay.

To protect, prepare and empower people with Parkinson's before, during and after a hospital visit, NPF has developed a free *Aware in Care* kit with tools and information to share with hospital staff during a planned or emergency hospital stay.

The kit is large enough to fit your Parkinson's medications to take with you on your next trip to the hospital.



The kit includes:

Hospital Action Plan

Read about how to prepare for your next hospital visit—whether it is planned or an emergency.

Parkinson's Disease ID Bracelet

Wear your bracelet at all times in case you are in an emergency situation and cannot communicate.

Medical Alert Card

Fill in your card with emergency contact information and place in your wallet.

Medication Form

Complete this form and keep copies in your kit for use at the hospital.

Parkinson's Disease Fact Sheet

Share the facts about Parkinson's with hospital staff and ask that a copy be placed in your chart.

I Have Parkinson's Reminder Slips

Share vital information about Parkinson's disease with every member of your care team in the hospital.

Magnet

Use this magnet to display a copy of your Medication Form in your hospital.

Get the Kit. Know the Facts. Be Aware in Care.®