



Record for Tracking Symptom Fluctuations

Name: _____

		Meds Taken:																								
		6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	
Date: _____	<i>Too much dopamine</i>																									
	Dyskinesia / Writhing / Wiggling / Squirming / Wave of fatigue / Drugged feeling	+5 (severe)																								
		+4																								
		+3 (moderate)																								
		+2																								
		+1 (mild)																								
		0																								
		-1 (mild)																								
		-2																								
		-3 (moderate)																								
	-4																									
	-5 (severe)																									
	<i>Not enough dopamine</i>	Notes: _____																								

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